



Balnagask Support - RAAC

Our dedicated team of volunteers are here to offer free, confidential, and impartial assistance to residents within Balnagask affected by RAAC.

If you're a resident in the Balnagask area affected by RAAC, please reach out to us. Just tell us you're a resident in *Balnagask affected by RAAC*.

Our contact details are overleaf.

The power
of kindness



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Our volunteers are here to support you as we navigate this situation together

Whether you need someone to lend a listening ear or help you pack up for a move, we're committed to supporting you during this difficult time.

Sometimes, a friendly conversation can make all the difference. Our trained staff and volunteers are just a phone call away, ready to listen, offer support and help you find the assistance you need.

If you prefer face-to-face interaction, our volunteers can visit you at your home. They'll provide a supportive presence, discuss your feelings, and help you organise your belongings, pack them securely, and prepare for the move. Whether it's labelling boxes or sorting through items, our team are on hand to help you prepare for your move.

**0808 196 3651 (Mon-Fri 10am-5pm, Weds 10am-8pm)
or email: CERScotland@redcross.org.uk**



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