



Balnagask Support - RAAC

We're on hand to help.

Moving home can be one of the most stressful times and can feel overwhelming. Our trained volunteers are on hand to help pack up essential items, personal belongings and prepare you for your move.

We can also listen to your fears, concerns or anxieties and provide support.

**Call our support line on 0808 196 3651
Mon - Fri 10am-5pm, Weds 10am-8pm**